

Academy of Somatics and Massage

California State Certified School

JANUARY 2012				Cost	Hours
8	Sun	Acupressure	9 am - 3 pm	\$150	15
9	Mon	250 hr. MP class 8 Weeks	9 am - 1 pm	\$1,565	250
		- Tues & Thurs 6pm - 10pm			
9	Mon	Thai Massage	6:30 pm - 10 pm	\$485	50
11	Wed	Thai Massage	6:30 pm - 10 pm		
14	Sat	Thai Massage	9 am - 3 pm		
15	Sun	Thai Massage	9 am - 3 pm		
18	Wed	Pregnancy	6:30 pm - 10 pm	\$150	10
21	Sat	Thai Herbal Packs	9 am - 1 pm	\$150	10
22	Sun	Lymphatic Massage	9 am - 3 pm	\$285	30
23	Mon	Lymphatic Massage	6:30 pm - 10 pm		
25	Wed	Lymphatic Massage	6:30 pm - 10 pm		
29	Sun	Maximum Movement	9 am - 3 pm	\$285	30
30	Mon	Maximum Movement	6:30 pm - 10 pm		
FEBRUARY 2012				Cost	Hours
1	Wed	Maximum Movement	6:30 pm - 10 pm		
5	Sun	Aromatherapy	9 am - 3 pm	\$150	15
12	Sun	Myofacial Massage	9 am - 3 pm	\$285	30
13	Mon	Myofacial Massage	6:30 pm - 10 pm		
15	Wed	Myofacial Massage	6:30 pm - 10 pm		
21	Tues	Reflexology	6 pm - 10 pm	\$150	15
25	Sat	Deep Tissue	9 am - 3 pm	\$285	30
26	Sun	Deep Tissue	9 am - 3 pm		
MARCH 2012				Cost	Hours
4	Sun	Elements of Chinese Medicine	9 am - 3 pm	\$150	15
5	Mon	250 hr. MP class 8 Weeks	9 am - 1 pm	\$1,565	250
		- Tues & Thurs 6pm - 10pm			
10	Sat	Anatomy Trains	9 am - 3 pm	\$385	40
11	Sun	Anatomy Trains	9 am - 3 pm		
12	Mon	Anatomy Trains	6:30 pm - 10 pm		
14	Wed	Anatomy Trains	6:30 pm - 10 pm		
18	Sun	Sports Massage	9 am - 3 pm	\$285	30
19	Mon	Sports Massage	6:30 pm - 10 pm		
21	Wed	Sports Massage	6:30 pm - 10 pm		
24	Sat	Pathology	9 am - 3 pm	\$385	40
25	Sun	Pathology	9 am - 3 pm		
26	Mon	Pathology	6:30 pm - 10 pm		
28	Wed	Pathology	6:30 pm - 10 pm		
APRIL 2012				Cost	Hours
1	Sun	Cranial Sacral I	9 am - 3 pm	\$285	30
2	Mon	Cranial Sacral I	6:30 pm - 10 pm		
4	Wed	Cranial Sacral I	6:30 pm - 10 pm		
14	Sat	Cranial Sacral II	9 am - 3 pm	\$285	30
15	Sun	Cranial Sacral II	9 am - 3 pm		
17	Tues	Reflexology	6 pm - 10 pm	\$150	15
21	Sat	Deep Tissue	9 am - 3 pm	\$285	30
22	Sun	Deep Tissue	9 am - 3 pm		
28	Sat	Energy Introduction	9 am - 3 pm	\$485	50

29	Sun	Energy Introduction	9 am - 3 pm		
30	Mon	Energy Introduction	6:30 pm - 10 pm		
30	Mon	250 hr. MP class 8 Weeks	9 am - 1 pm	\$1,565	250
		- Tues & Thurs 6pm - 10pm			
MAY 2012				Cost	Hours
2	Wed	Energy Introduction	6:30 pm - 10 pm		
6	Sun	Advanced Anatomy	9 am - 3 pm	\$485	50
7	Mon	Advanced Anatomy	6:30 pm - 10 pm		
9	Wed	Advanced Anatomy	6:30 pm - 10 pm		
13	Sun	Advanced Anatomy	9 am - 3 pm		
14	Mon	Advanced Anatomy	6:30 pm - 10 pm		
16	Wed	Advanced Anatomy	6:30 pm - 10 pm		
20	Sun	Advanced Anatomy	9 am - 3 pm		
21	Mon	Advanced Anatomy	6:30 pm - 10 pm		
23	Wed	Advanced Anatomy	6:30 pm - 10 pm		
JUNE 2012				Cost	Hours
2	Sat	Shiatsu	9 am - 3 pm	\$385	40
3	Sun	Shiatsu	9 am - 3 pm		
4	Mon	Shiatsu	6:30 pm - 10 pm		
12	Tue	Reflexology	6 pm - 10 pm	\$150	15
16	Sat	Deep Tissue	9 am - 3 pm	\$285	30
17	Sun	Deep Tissue	9 am - 3 pm		
24	Sun	Acupressure	9 am - 3 pm	\$150	15
25	Mon	250 hr. MP class 8 Weeks	9 am - 1 pm	\$1,565	250
		- Tues & Thurs 6pm - 10pm			
25	Mon	Thai Massage	6:30 pm - 10 pm	\$485	50
27	Wed	Thai Massage	6:30 pm - 10 pm		
30	Sat	Thai Massage	9 am - 3 pm		
JULY 2012				Cost	Hours
1	Sun	Thai Massage	9 am - 3 pm		
7	Sat	Thai Herbal Packs	9 am - 2 pm	\$150	10
8	Sun	Lymphatic Massage	9 am - 3 pm	\$285	30
9	Mon	Lymphatic Massage	6:30 pm - 10 pm		
11	Wed	Lymphatic Massage	6:30 pm - 10 pm		
14	Sat	Maximum Movement	9 am - 3 pm	\$285	30
15	Sun	Maximum Movement	9 am - 3 pm		
16	Mon	Maximum Movement	6:30 pm - 10 pm		
20	Mon	250 hr. MP class 8 Weeks	9 am - 1 pm	\$1,565	250
		- Tues & Thurs 6pm - 10pm			
21	Sat	Pregnancy	9 am - 3 pm	\$150	10
22	Sun	Myofascial Massage	9 am - 3 pm	\$285	30
23	Mon	Myofascial Massage	6:30 pm - 10 pm		
25	Wed	Myofascial Massage	6:30 pm - 10 pm		
28	Sat	Aromatherapy	9 am - 3 pm	\$150	15
AUGUST 2012				Cost	Hours
5	Sun	Elements of Chinese Medicine	9 am - 3 pm	\$150	15
7	Tue	Reflexology	6 pm - 10 pm	\$150	15
11	Sat	Deep Tissue	9 am - 3 pm	\$285	30
12	Sun	Deep Tissue	9 am - 3 pm		
18	Sat	Anatomy Trains	9 am - 3 pm	\$385	40
19	Sun	Anatomy Trains	9 am - 3 pm		
20	Mon	Anatomy Trains	6:30 pm - 10 pm		

20	Mon	250 hr. MP class 8 Weeks	9 am - 1 pm	\$1,565	250
		- Tues & Thurs 6pm - 10pm			
22	Wed	Anatomy Trains	6:30 pm - 10 pm		
26	Sun	Sports Massage	9 am - 3 pm	\$285	30
27	Mon	Sports Massage	6:30 pm - 10 pm		
29	Wed	Sports Massage	6:30 pm - 10 pm		
SEPTEMBER 2012				Cost	Hours
1	Sat	Pathology	9 am - 3 pm	\$385	40
2	Sun	Pathology	9 am - 3 pm		
3	Mon	Pathology	6:30 pm - 10 pm		
5	Wed	Pathology	6:30 pm - 10 pm		
8	Sat	Cranial Sacral I	9 am - 3 pm	\$285	30
9	Sun	Cranial Sacral I	9 am - 3 pm		
15	Sat	Cranial Sacral II	9 am - 3 pm	\$285	30
16	Sun	Cranial Sacral II	9 am - 3 pm		
OCTOBER 2012				Cost	Hours
2	Tue	Reflexology	6 pm - 10 pm	\$150	15
15	Mon	250 hr. MP class 8 Weeks	9 am - 1 pm	\$1,565	250
		- Tues & Thurs 6pm - 10pm			
20	Sat	Energy Introduction	9 am - 3 pm	\$485	50
21	Sun	Energy Introduction	9 am - 3 pm		
22	Mon	Energy Introduction	6:30 pm - 10 pm		
24	Wed	Energy Introduction	6:30 pm - 10 pm		
28	Sun	Advance Anatomy	9 am - 3 pm	\$485	50
29	Mon	Advance Anatomy	6:30 pm - 10 pm		
31	Wed	Advance Anatomy	6:30 pm - 10 pm		
NOVEMBER 2012				Cost	Hours
4	Sun	Advance Anatomy	9 am - 3 pm		
5	Mon	Advance Anatomy	6:30 pm - 10 pm		
7	Wed	Advance Anatomy	6:30 pm - 10 pm		
11	Sun	Advance Anatomy	9 am - 3 pm		
12	Mon	Advance Anatomy	6:30 pm - 10 pm		
14	Wed	Advance Anatomy	6:30 pm - 10 pm		
24	Sat	Shiatsu	9 am - 3 pm	\$385	40
25	Sun	Shiatsu	9 am - 3 pm		
26	Mon	Shiatsu	6:30 pm - 10 pm		
27	Tue	Reflexology	6 pm - 10 pm	\$150	15
DECEMBER 2012				Cost	Hours
1	Sat	Deep Tissue	9 am - 3 pm	\$285	30
2	Sun	Deep Tissue	9 am - 3 pm		
9	Sun	Acupressure	9 am - 3 pm	\$150	15
10	Mon	Thai Massage	6:30 pm - 10 pm	\$485	50
12	Wed	Thai Massage	6:30 pm - 10 pm		
15	Sat	Thai Massage	9 am - 3 pm		
16	Sun	Thai Massage	9 am - 3 pm		

ADDITIONAL CLASSES AND EVENTS TO BE ANNOUNCED
ALL CLASSES SUBJECT TO CHANGE.
PLEASE CALL (805) 382 - 0506 TO RESERVE YOUR PLACE.