

Academy of Somatics and Massage

California State Certified School

JANUARY 2010						
4	8			Acupressure Class	6 pm - 10 pm	\$150
5				250 Hour Certification Class 13 weeks, Tuesday/Thursday Includes: 6 Monday/ 6 Fridays/ 1 Saturday & Sunday	6 pm - 10 pm	\$1,500
11	15	18	22	Thai Massage Class	6 pm - 10 pm	\$285
25	29			Cranial Sacral Class	6 pm - 10 pm	\$285
FEBRUARY 2010						
1	5			Cranial Sacral Class Continue		
8	12			Reflexology	6 pm - 10 pm	\$150
13				Aromatherapy	9 am - 3pm	\$150
15	19	22	26	Maximum Movement	6 pm - 10 pm	\$285
27				Elements of Chinese Medicine	9 am - 2pm	\$150
MARCH 2010						
1	5	8	12	Sports Massage Class	6 pm - 10 pm	\$285
15	19	22	26	Lymph Massage Class	6 pm - 10 pm	\$285
27	28			Deep Tissue Class	9 am - 4 pm	\$285
APRIL 2010						
5	9			Acupressure Class	6 pm - 10 pm	\$285
6				250 Hour Certification Class 13 weeks Tuesday/Thursday Includes: 6 Mondays/ 6 Fridays/ 1 Saturday & Sunday	6 pm - 10 pm	\$1,500
12	16	19	23	Thai Massage Class	6 pm - 10 pm	\$285
26	30			Cranial Sacral Class	6 pm - 10 pm	\$285
MAY 2010						
3	7			Cranial Sacral Class Continue		
10	14			Reflexology	6 pm - 10 pm	\$150
15				Aromatherapy or Reflexology	9 am - 4 pm	\$150
17	21	24	28	Anatomy Trains	6pm - 10 pm	\$285
22				Elements of Chinese Medicine	9am - 2 pm	\$150
JUNE 2010						
4	5	6		Michael Young Muscle Release	8 am - 5 pm	\$495
7	11	14	18	Sports Massage Class	6 pm - 10 pm	\$285
21	25	28		Lymph Massage Class	6 pm - 10 pm	\$285
26	27			Deep Tissue Class	9 am - 4pm	\$285

JULY 2010

2				Lymph Massage Class Continue		
5	9			Acupressure Class	6 pm - 10 pm	\$150
6				250 Hour Certification Class 13 weeks Tuesday/Thursday Includes: 6 Mondays/6 Fridays/1 Saturday & Sunday	6 pm - 10 pm	\$1,500
12	16	19	23	Thai Massage Class	6 pm - 10 pm	\$285
26	30			Cranial Sacral class	6 pm - 10 pm	\$285

AUGUST 2010

2	6			Cranial Sacral Class Continue	6 pm - 10 pm	
9	13			Reflexology	6 pm - 10 pm	\$150
14				Reflexology Alt.	9 am - 4pm	\$150
16	20	23	27	Maximum Movement	6 pm - 10 pm	\$285

SEPTEMBER 2010

6	10	13	17	Sports Massage Class	6 pm - 10 pm	\$150
20	24	27		Lymph Massage Class	6 pm - 10 pm	\$285
25	26			Deep Tissue Class	9 am - 4 pm	\$285

OCTOBER 2010

1				Lymph Massage Class Continue	6 pm - 10 pm	
4	8			Acupressure Class	6 pm - 10 pm	\$285
5				250 Hour Certification Class 13 weeks Tuesday/Thursday Includes 6 Mondays/6 Fridays/1 Saturday & Sunday	6 pm - 10 pm	\$1,500
11	15	18	27	Thai Massage Class	6 pm - 10 pm	\$285
25	29			Cranial Sacral Class	6 pm - 10 pm	\$285

NOVEMBER 2010

1	5			Cranial Sacral Class Continue		
8	12			Reflexology	6 pm - 10 pm	\$150
13				Reflexology Alt.	9 am - 4 pm	\$150
15	19	22	26	Anatomy Trains	6 pm - 10 pm	\$285

DECEMBER 2010

6	10	13	17	Sports Massage Class	6 pm - 10 pm	\$285
18	19			Deep Tissue Class	9 am - 4 pm	\$285

**ADDITIONAL CLASSES AND EVENTS TO BE ANNOUNCED
ALL CLASSES SUBJECT TO CHANGE.
PLEASE CALL (805) 382 - 0506 TO RESERVE YOUR PLACE.**